

# EDU.NET

## ADULT EDUCATION OPPORTUNITIES

Holy Trinity Lutheran Church

January, 2025

### PARISH NURSE EDUCATION SERIES

Sunday, January 12, 2:00 - 3:30 p.m., in the Fellowship Hall

#### **How Do Substance Use Disorders Develop?**

Speaker: Amy Rugh, MEd, LPC, Centra Behavioral Health

Substances such as opioid medications, tranquilizers, alcohol, and nicotine change the way we feel. They elevate the mood, produce relaxation, and relieve pain. They produce these effects by acting on the brain. What are the mechanisms by which these effects occur? How does dependence on substances develop? How can our substance use behaviors, including the use of narcotic pain relievers, influence the development of substance use problems? Is development of dependence possible after even short-term use? Is it possible to develop dependence on activities as well as on substances? What effect does the stigmatization of substance use disorders have? These and other physical and psychological dependency issues will be addressed by our speaker.

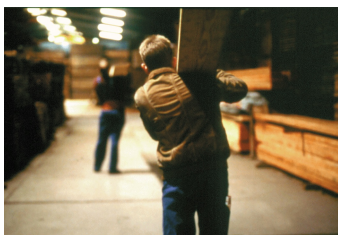


Please make reservations in the narthex or Fellowship Hall.

### GOD IN FILM

Sunday, January 5, 6:00 p.m.  
in the Fellowship Hall

#### **The Son**



A joinery instructor at a rehab center refuses to take a new teen as his apprentice, but then begins to follow the boy through the hallways and streets.

Join us for pizza  
and theological reflection.

### THIRD SUNDAY PROGRAM

Sunday, January 19, at 6:00 p.m.  
in the Fellowship Hall



#### **Centra Health: An Overview of a Regional Nonprofit Healthcare System**

Speaker: Richard Tugman  
CEO, Centra Health

Centra Health CEO Richard Tugman will share his insights on evolutions in healthcare, the needs and challenges for Central Virginia based on input from patients and other key stakeholders, and how Centra is investing in modernization and improvements to better care for you and your families today, and well into the future.

We begin with a light supper at 6:00 p.m.,  
followed by the program at 6:30 p.m.  
Please make reservations in the narthex or Fellowship Hall.

## JESUS' ALTERNATIVE PLAN

### The Sermon on the Mount

Fridays, 11:00 a.m. - 12:00 p.m.  
in the Parlor  
The cost of the book is \$18.00.

Acclaimed spiritual leader and Franciscan priest Richard Rohr explores the implications of Jesus of Nazareth's best-known teachings in the Sermon on the Mount, and offers a fresh perspective on what it means for Christian life today.



Through insightful analysis and commentary, he explains the historical and cultural context of each of these Bible verses, shedding light on the revolutionary nature of Jesus' blueprint for an alternative way of being. From the Beatitudes to overturning conventional wisdom and challenging traditional power structures, this book provides guidance and inspiration for those seeking the true heart of their faith.

#### January 3

INTRODUCTION: How to Read the Bible  
PART ONE: Getting Ready to Hear Jesus  
Jesus' New World Order

#### January 10

Not Business as Usual

#### January 17

Finding the Jesus Who Preached the Sermon  
Understanding the Social Order

#### January 24

Table Fellowship in the Christian Scriptures

#### January 31

PART TWO: Understanding the Sermon  
Joining Heaven and Earth  
The Path of Transformation

---

## PASTOR'S INFORMATION CLASS

Sunday, January 26, 2:00 - 4:00 p.m.  
in the Parlor

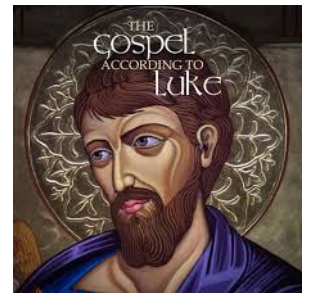


Join Pastor Roberts for an overview of Lutheran Church history, theology, liturgy, the church year, ecclesiology, and life at Holy Trinity Lutheran Church.

## THE GOSPEL ACCORDING TO LUKE

Tuesdays, 1:00 - 2:00 p.m.  
in the Parlor

The Gospel of Luke invites us to explore the story of Jesus of Nazareth and his mission as God's Chosen One (Messiah). From the joyous accounts of Jesus' birth in a stable in Bethlehem to the stark images of Golgotha to the eye-opening meal at Emmaus, we are invited into a remarkable story. This course invites participants into rich discovery as they explore key stories and events of this Gospel.



#### January 7

Let God Be God! (Luke 4:14-30)

#### January 21

What Was Jesus Doing? (Luke 7:1-7)

---

## SERMON DISCUSSION

Thursday, January 9  
11:00 a.m. - 12:00 p.m.  
in the Parlor

Join us as we discuss recent Sunday sermons, copies of which will be provided in advance.

---

## LIVING THE QUESTIONS

Thursdays, 11:00 a.m. - 12:00 p.m.  
in the Parlor

This DVD series, featuring acclaimed scholars and theologians, serves as an open-minded alternative to studies that attempt to give participants all the answers; and, instead strives to create an environment where participants can interact with one another in exploring what's next for Christianity.

**January 16** - An Invitation to Journey

**January 23** - Taking the Bible Seriously

**January 30** - Thinking Theologically

# SUNDAY MORNING EDUCATION CLASS

## THE HEART OF CHRISTIANITY

### Rediscovering a Life of Faith

Sundays, 9:30 - 10:20 a.m., in the Parlor

The cost of the book is \$14.00.

In The Heart of Christianity, world-renowned Jesus scholar, Marcus Borg, argues that the essential ingredients of a Christian life—faith, being born again, the kingdom of God, the gospel of love—are as vitally important today as they have always been, even during this time of conflict and change in the Church.

Borg wants to show us, as today's thinking Christians, how to discover a life of faith by reconceptualizing familiar beliefs. Being born again, for example, has nothing to do with fundamentalism, but is a call to radical personal transformation. Talking about the kingdom of God does not mean that you are fighting against secularism, but that you have committed your life to the divine values of justice and love. Living the true Christian way is essentially about opening one's heart—to God, and to others. Above all else, Borg believes with passion and conviction that living the Christian life still makes sense.



**January 5** - God: The Heart of Reality

**January 19** - Born Again: A New Heart

**January 12** - Jesus: The Heart of God

**January 26** - The Kingdom of God: The Heart of Justice



## AN ENNEAGRAM STUDY

### Learning to See Yourself as God Sees You

Mondays, 7:00 - 8:00 p.m., via Zoom

Please register by emailing the church office ([office@holytrinitylynchburg.org](mailto:office@holytrinitylynchburg.org)) so that you may receive the Zoom invitation by email.

Father Richard Rohr teaches that God gives us our soul—our True Self—from the very start. We lose sight of that True Self as we learn not only to survive but to thrive in the world. We develop an ego which seeks to protect us from the hurt and trauma we encounter along the way. This is the necessary work of the first half of life. But too often the ego becomes a mask—a False Self which hides our soul. In the second half of life, we can learn to take off the mask, rediscover our True Self and begin to live our own unique God-given destiny. The Enneagram is a valuable tool that can help us take off the mask and learn to see ourselves—and others—as God sees us.

In the very first book of the Bible, we learn the good news that we are created in the image of God. In short order we also learn the bad news—that image has become tarnished. In our study of the Enneagram, we will come to understand that God's grace is the good news that provides a way out of the bad news.

In the Winter Sessions of this class, we will learn what blinds us from seeing our True Self (our soul), what separates us (our sin) from God, and what makes it difficult (again, our sin) to get along with others. As the Winter Sessions lead us into Lent and toward the Spring of Resurrection, we will discover the grace that transforms us into the unique gift we are created to be.

**January 6** - Now That You Know Your Enneagram Type... What Next?

**January 13** - Learning to Accept Your False Self

**January 20** - Sin/Blinders/Obstacles to Grace: The 7 Deadly Sins Plus 2

**January 27** - Lust, Sloth, and Anger (Types 8, 9, & 1)

# DAILY BIBLE READINGS

## December 29 - January 4

### **Week of Christmas 1**

- S Luke 2:41-52 Jesus increased in favor with all
- M 1 Chronicles 28:1-10 Solomon will build the temple
- T 2 Chronicles 7:1-11 Solomon dedicates the temple
- W Luke 2:15-21 The child is named Jesus
- T Ezekiel 43:1-12 God's glory in the temple
- F Hebrews 9:1-14 The temple of Christ, the high priest
- S Psalm 11 God is in the temple

## January 5 - January 11

### **Week of Christmas 2**

- S John 1:1, 10-18 God with us
- M Matthew 2:1-12 Christ revealed to the nations
- T Daniel 2:1-19 The King searches for wisdom
- W Daniel 2:24-49 Daniel reveals the dream's meaning
- T Luke 1:67-79 The Savior is seen
- F Numbers 24:15-19 A star coming from out of Jacob
- S Ephesians 4:17 – 5:1 Life lived in Christ

## January 12 - January 18

### **Week of The Baptism of Our Lord**

- S Luke 3:15-17, 21-22 The baptism of Jesus
- M Judges 4:1-10, 12-16 Israel's enemies drown
- T Judges 5:12-21 The song of Deborah
- W Luke 11:33-36 Your body full of light
- T Numbers 27:1-11 Daughters also promised inheritance
- F 1 John 5:13-21 The life of those born of God
- S Psalm 106:1-12 God saves through water

## January 19 - January 25

### **Week of Epiphany 2**

- S John 2:1-11 The wedding at Cana
- M Isaiah 54:1-8 God is married to Israel
- T Jeremiah 3:19-25 Israel is a faithless spouse
- W Luke 5:33-39 Christ the bridegroom
- T Song of Solomon 4:9 – 5:1 A love song
- F 1 Corinthians 1:3-17 Appeal for unity
- S Psalm 145 Praise God's faithfulness

## January 26 - February 1

### **Week of Epiphany 3**

- S Luke 4:14-21 Jesus reads the prophet Isaiah
- M Jeremiah 36:1-4, 20-26 The king burns the scroll
- T Jeremiah 36:27-32 Jeremiah dictates a second scroll
- W Luke 4:38-44 Jesus heals and preaches in synagogues
- T Isaiah 61:1-7 The spirit of God upon me
- F 1 Corinthians 14:1-12 The assembly's gifts
- S Psalm 119:89-96 The law of God gives life

# TABLE TALK

Tuesday, January 7

7:00 - 8:00 p.m.

in the Parlor

The cost of the book is \$9.00.

## **SIGNS OF BELONGING: Luther's Marks of the Church and Christian Life**

Join us as we explore Luther's teaching on the seven marks of the church. How do these "marks" define the corporate body of Christ and connect with the lives of individual Christians?



### **Session Four**

Holy Communion:

The Table Where We Belong

**OUR MISSION:** To Care Actively in the Name of Jesus Christ.

[www.holytrinitylynchburg.org](http://www.holytrinitylynchburg.org)

Holy Trinity Lutheran Church  
1000 Langhorne Road  
Lynchburg, VA 24503